

Simply Thai



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WELCOME TO *Simply Thai*

GROWING UP WATCHING MY MOTHER PREPARE FAMILY MEALS MADE ME REALIZE HOW MUCH TIME IT TAKES TO PREPARE TRADITIONAL THAI DISHES. I REMEMBER HOW MY FATHER SO ENJOYED HER MEALS, ALWAYS CAREFULLY PREPARED WITH GREAT ATTENTION TO DETAIL. HE WOULD CHOOSE HER COOKING OVER DINING OUT - ON ANY GIVEN DAY! MY MOTHER NEVER TOOK SHORTCUTS, AND SPENT HOURS AND HOURS IN HER KITCHEN MAKING SURE THAT EVERYTHING WAS "JUST RIGHT". NO INGREDIENT WAS LEFT OUT, AND EVERY DISH WAS PERFECTLY SEASONED.

SIMPLY THAI HAS BEEN CREATED WITH THESE SAME PRINCIPLES IN MIND. WE SELECT FRESH PRODUCE, UTILIZE GENUINE INGREDIENTS, AND FOLLOW TRADITIONAL THAI RECIPES AS BEST AS POSSIBLE IN ORDER TO MAINTAIN AUTHENTICITY. SEASONAL FARE IS ALSO INCORPORATED TO ALLOW US TO SHOW IMAGINATION AND TRADITION SIDE BY SIDE. WE ARE PLEASED TO ADD A NEW ETHNIC CUISINE TO THE DINING LANDSCAPE OF ONEONTA, WHERE PEOPLE APPRECIATE THE VARIETY OF CUISINES OFFERED AND THE INCREASED INTERNATIONAL PRESENCE WITHIN THE COMMUNITY.

THE STAFF AND I HERE AT SIMPLY THAI HAVE ONE PRIMARY GOAL, AND THAT IS TO ENSURE YOU HAVE A MOST PLEASURABLE DINING EXPERIENCE WITH US.

RELAX, AND ENJOY!
LILY KARABINIS

SOME INGREDIENTS OF THAI CUISINE - COMPONENTS OF GOOD FOOD, GOOD HEALTH AND A GOOD LIFE

PEPPERCORNS

THAI COOKING MAKES EXTENSIVE USE OF BOTH FRESH GREEN PEPPERCORNS (PRIK THAI AWN) AND GROUND DRIED PEPPERCORNS (PRIK THAI POHN).



ONION



ONION (HORM YAI) IS A POPULAR THAI FOLK REMEDY. IT IS APPLIED TO TUMORS, MADE INTO A SYRUP FOR RELIEVING COUGHS AND ALSO PREPARED INTO A TINCTURE (USING GIN) TO RELIEVE "DROPSY". MANY HERBAL PRACTITIONERS CONSIDER IT TO BE A WEAKER VERSION OF GARLIC. LIKE GARLIC, ONION ALSO HAS A LONGSTANDING BUT UNSUBSTANTIATED REPUTATION AS AN APHRODISIAC.

KAFFIR LIME

THE KAFFIR LIME (MA-KRUT) IS UNUSUAL, IN THAT ITS SKIN IS OFTEN VERY LUMPY, UNLIKE OTHER CITRUS FRUITS. SOME THAIS WASH THEIR HAIR WITH AN HERBAL SHAMPOO MADE FROM THE JUICE BECAUSE IT IS SUPPOSED TO PREVENT DANDRUFF. SOME PEOPLE EVEN BELIEVE THAT THE KAFFIR LIME WARDS OFF EVIL SPIRITS (LIKE GARLIC FOR VAMPIRES), AND HANG IT OUTSIDE THEIR HOUSES.



GINGER



GINGER (KING) ADDS FLAVOR TO HAI COOKING GINGER JUICE CAN HELP TO CURE LIGHT FEVERS, A RUNNY NOSE OR INDIGESTION.

THAI SWEET BASIL

THAI SWEET BASIL (HO-RO-PA) IS SIMILAR TO THE VARIETY USED IN ITALIAN COOKING. SWEET BASIL OIL CAN BE USED TO MAKE A CURATIVE DRINK TO TREAT INDIGESTION CAUSED BY EATING TOO MUCH MEAT. THE OIL HELPS TO KILL GERMS, INDUCE SWEATING AND CLEAR PHLEGM. FRESH SWEET BASIL MAKES A GREAT NATURAL BREATH FRESHENER - JUST POP A FEW LEAVES IN YOUR MOUTH AND GIVE THEM A CHEW. SWEET BASIL ALSO CONTAINS THE KNOWN CANCER-FIGHTING SUBSTANCE BETA CAROTENE.



GARLIC

THIS WELL KNOWN PLANT HERB USED THE WORLD OVER IS ALSO USED EXTENSIVELY IN THAI CUISINE, WHERE IT IS CALLED "GRA-THIEM". GARLIC HAS BEEN MEDICALLY PROVEN TO CONTAIN ALLICIN, WHICH CAN REDUCE THE LEVEL OF CHOLESTEROL IN THE BLOOD.



LEMONGRASS

THE ENGLISH NAME FOR THIS HERB COMES NATURALLY FROM THE LEMONY AROMA THAT IT GIVES OFF, ESPECIALLY WHEN COOKED. IN THAI IT IS CALLED "TA-KRAI". THE OIL THAT GIVES THE PLANT ITS AROMA IS A GOOD CURE FOR UPSET STOMACH AND INDIGESTION. LEMONGRASS JUICE, OR TEA, IS A POPULAR HERBAL DRINK IN THAI TRADITIONAL MEDICINE. IT CAN ALSO BE USED TO WATER HOUSEPLANTS, SINCE IT FUNCTIONS AS A NATURAL INSECT REPELLENT.



APPETIZERS

FRESH ROLLS

Fresh Vegetables Wrapped in Delicate Rice Paper Served with Peanut Vinaigrette Sauce
With Shrimp 6.95
With Tofu 5.95



CRISPY VEGETABLES

Fresh Vegetables Tempura Battered and Deep-Fried Served with Sweet Chili Sauce 6.95



FRIED ORGANIC TOFU

Crispy-Fried Organic Tofu Chunks Served with Crushed Peanuts in Sweet Chili Sauce 5.95



DUMPLINGS

Chicken in Wonton Skins, Steamed or Deep-Fried Served with Soy Sauce 5.95



FRIED CALAMARI

Tempura-Style Seasoned Squid with Sweet Chili Sauce 9.95



CHICKEN SATAY

Stripes of Marinated Chicken Breast Grilled on Skewers Served with Simply Thai Peanut Sauce and Cucumber Relish 7.95



SPICY WINGS

Crispy Chicken Wings in our Thai Spicy Sauce 6.95



SHRIMP TEMPURA

Deep-Fried Tempura Battered Shrimp Served with Sweet Chili Sauce 7.95



FISH CAKES

Minced Fish Infused with Red Curry and Thai Herbs Served with Crushed Peanuts in Sweet Chili Sauce 6.95



VEGETARIAN SPRING ROLLS

Golden Fried Rice Paper Wrapped Glass Noodles and Fresh Vegetables Served with Sweet Chili Sauce 5.95



* Please indicate degree of spiciness from zero to five, five being extremely spicy.

An 18% gratuity will be added to parties of 6 or more, no separate checks please. The time saved will be used to serve you better. We can accommodate any on or off premises catering, Dinner parties, Weddings, Receptions, etc.

SOUP

Choice of: Chicken, Tofu or Mock Chicken
With Shrimp:

Cup 4.95 Bowl 7.95
Cup 5.95 Bowl 8.95

TOM KHA

A Creamy Coconut Soup
with Aromatic Galangal and Mushroom,
Sprinkled with a Touch of Scallion



TOM YUM

Thai Hot & Sour Soup
with Lemongrass, Mushroom and Rosted Chilies,
Finished with Scallion



VEGETABLE SOUP

Cup 4.95 Bowl 6.95

A Clear Broth Soup with Tofu and Fresh Mixed Vegetables



SALADS

HOUSE SALAD

Fresh Greens Served with Your
Choice of Warm Peanut or
Simply Thai House Dressing
6.95



SPICY THAI CHICKEN SALAD

Our Signature Salad - Grilled,
Marinated Chicken Breast
Tossed in our Simply Thai House
Dressing Served on a Bed of
Mixed Greens
8.95



PLA GOONG

Grilled Shrimp Tossed in Lime
Juice with Sliced Lemongrass,
Kaffir Lime Leaves, Red Onion,
Tomato and Rosted Chili Sauce
11.95



YUM NUA SPICY BEEF SALAD

Grilled Slices of Flank Steak with
Onion, Cucumber, and Tomatoes
Tossed in Spicy Lime Dressing
10.95



SIGNATURE DISHES

MANGO CHICKEN

Bell Pepper, Onion and Mango
Stir-Fried with Special Chef
Sauce Served with Jasmine Rice
16.95



PEANUT CHICKEN

Grilled Marinated Chicken
Breast Served with Spicy Basil
Fried Rice Topped with
Peanut Sauce
16.95



FISH DISHES

Served with White Jasmine Rice (Brown Jasmine Rice may be substituted for an additional charge of \$1.00)

Choice of: Salmon, Flounder or Tilapia Filet 17.95

Whole Red Snapper or Striped Bass (Market Price)

RAD PRIK

Your Deep-Fried Selection Under a
Spicy Sweet & Sour Chili Sauce

RAD KRATIEM PRIK THAI

Your Choice Deep-Fried
With our Chef's Pepper & Garlic Sauce



RAD KHING

Deep-Fried and Topped with Ginger,
Mushroom, Scallion, Onion and Bell Pepper

SWEET & SOUR

Pineapple, Cucumber, Carrot, Onion
& Bell Pepper In a Sweet & Sour Sauce

NOODLE DISHES

Choice of: Chicken, Pork, Beef, Tofu, Fresh Mixed Vegetables or Mock Chicken 12.95

Choice of: Shrimp or Seafood Combination 15.95

PAD THAI

Thin Rice Noodles Stir-Fried in
Tamarind Sauce with Tofu Kan,
Egg, Bean Sprouts, Chive and
Crushed Peanuts



RAD NAH

Wok-Fried Fresh Wide Rice
Noodles with Thai Broccoli,
Topped with our Special Gravy



SPICY THAI BASIL NOODLES

("DRUNKEN NOODLES")
Fresh Wide Rice Noodles Stir-Fried
with Onion, Carrot, Bell Pepper,
Baby Corn, Mushroom and Thai
Basil



SPICY RAD NAH

Wok-Fried Fresh Wide Rice
Noodles with Green Beans and
Bell Pepper, Topped with our
Spicy Gravy and Thai Basil



PAD SEE EW

Fresh Wide Rice Noodles
Stir-Fried with Egg and Thai
Broccoli in a Sweet Soy Sauce



RAMA NOODLES

Fresh Wide Rice Noodles Stir-Fried
with Broccoli and Carrot
served with Peanut Sauce



FRIED RICE

Served with White Jasmine Rice (Brown Jasmine Rice may be substituted for an additional charge of \$1.00)
Choice of: Chicken, Pork, Beef, Tofu, Fresh Mixed Vegetables or Mock Chicken 12.95
Choice of: Shrimp or Seafood Combination 15.95

THAI FRIED RICE

Traditional Thai Jasmine Rice
Stir-Fried in a Light
Soy Sauce with Thai Broccoli,
Tomato, Egg, Carrot, Peas, and
Onion



SPICY BASIL FRIED RICE

Jasmine Rice Stir-Fried with Fresh
Garlic, Crushed Chilies, Baby
Corn, Mushroom, Carrot, Bell
Pepper and Thai Basil



PINEAPPLE FRIED RICE

A Festive Dish - Jasmine Rice
Stir-Fried with Pineapple, Egg,
Curry Powder, Cashew Nuts, Peas,
Carrots and Raisins



CURRY DISHES

Served with White Jasmine Rice (Brown Jasmine Rice may be substituted for an additional charge of \$1.00)
Choice of: Chicken, Pork, Beef, Tofu, Fresh Mixed Vegetables or Mock Chicken 14.95
Choice of: Shrimp or Seafood Combination 17.95

YELLOW CURRY

Yellow Chili Paste Simmered in
Coconut Milk with Potato, Carrot
and Onion, Served Over Fried
Shallots



RED CURRY

Red Chili Paste Simmered in
Coconut Milk with Bamboo
Shoot, Bell Pepper, Eggplant and
Thai Basil



GREEN CURRY

Green Chili Paste Simmered in
Coconut Milk with Bamboo
Shoot, Bell Pepper, Eggplant,
Lesser Ginger and Thai Basil



PANANG CURRY

Panang Curry Paste Simmered
in Coconut Milk, with Kafir Lime
Leaves, Bell Pepper, Green Beans
and Thai Basil



MASSAMAN CURRY

Indian Influenced - Massaman
Curry Paste Simmered in Coconut
Milk with Potato, Carrot, Onions
Peanuts and a Hint of Tamarind



STIR-FRY DISHES

Served with White Jasmine Rice (Brown Jasmine Rice may be substituted for an additional charge of \$1.00)
Choice of: Chicken, Pork, Beef, Tofu, Fresh Mixed Vegetables or Mock Chicken 14.95
Choice of: Shrimp or Seafood Combination 17.95

CASHEW DELIGHT

A Popular Dish - Crunchy Cashew Nuts Stir-Fried with Garlic, Onion, Carrot and Bell Pepper in a Sweet & Sour Tamarind Sauce



PAD KRATIEM PRIK THAI

Stir-Fry with Special Chef's Pepper & Garlic Sauce, Served on Crispy Noodles



SPICY EGGPLANT

Stir-Fry with Eggplant, Garlic, Crushed Chilies, Bell Pepper, Onions and Thai Basil



PRA RAM LONG SONG

Fresh Spinach Stir-Fry, Topped with Simply Thai Peanut Sauce



EGGPLANT LONG SONG

Battered Eggplant and Spinach with Simply Thai Peanut Sauce



PAD PRIEW WAN

Pineapple, Cucumber, Tomato, Carrot, Bell Pepper and Onion Stir-Fry



SPICY THAI BASIL

Garlic, Crushed Chilies, Bell Pepper, Onions and Thai Basil Stir-Fry



PAD PRIK KHING

Stir-Fry with Green Beans, Kafir Lime Leaves and Curry Paste



PAD KHING

Ginger, Mushroom, Scallion, Bell Pepper, Baby Corn, Celery and Onion Stir-Fry



MIXED VEGETABLES

Assorted Stir-Fried Mixed Fresh Vegetables with Special Soy Sauce



DESSERTS

FRIED BANANAS

Battered and Crispy
Deep-Fried, with Honey
and Sesame Seed
4.95

Add Vanilla Ice Cream 6.95



TARO PEARLS IN COCONUT MILK

Sweet Delight made with Taro
Root, Rice Flour, Coconut Milk
and Coconut Cream
5.00



COCONUT CUSTARD

A Baked Treat with Coconut Milk
and Rice Flour Served Warm in a
Ceramic Cup
4.50



FRIED VANILLA ICE CREAM

With Raspberry Sauce
5.95



PUMPKIN CUSTARD

Made with Pumpkin, Coconut
Milk, Palm Sugar,
Eggs and Cinnamon
5.95



RICE PUDDING

Rich & Creamy, Topped with
Whipped Cream and Cinnamon
4.75



THAI MANGO AND SWEET STICKY RICE

Sweet Sticky Rice Topped with
Sliced Fresh Mango
(Seasonal Availability)
6.95



SWEET STICKY RICE WITH BANANA FILLING

Baked in Banana Leaves
5.25



BEVERAGES

Soda: (Pepsi®, Diet Pepsi®, Sprite®
Ginger Ale, Root Beer)
Thai Iced Coffee or Iced Tea
Iced Tea (unsweetened)
Iced Green Tea (unsweetened)



2.50
4.00
2.50
3.00

Coffee or Tea 2.00
Coffee - Decaffeinated 2.00
Herbal Tea 2.00
Saratoga® Spring or Sparkling Water 3.00
Orange Juice 3.00



SIDE ORDERS

Simply Thai Peanut Sauce
Brown Jasmine Rice
Sticky Rice
Egg

2.00
2.50
2.00
2.00

White Jasmine Rice
Steamed Rice Noodles (Thin or Wide)
Steamed Fresh Mixed Vegetables

2.00
2.00
3.00

PLEASE NOTE: We cannot list all of our ingredients here, so if you have any food allergies or special dietary requirements/restrictions please inform your order taker. Most of our dishes can be prepared Vegetarian or Vegan upon request.
An 18% Gratuity will be added to parties of six or more, no separate checks please. Please be advised that menu is subject to change and availability

EXCEPT HOLIDAYS

LUNCH SPECIALS

SERVED MONDAY - FRIDAY
FROM 11:00 AM TO 3:00 PM

(CLOSED WEDNESDAY)

SEE INSIDE PAGES FOR
DETAILED DESCRIPTIONS
OF MENU ITEMS

SPECIAL:

Add \$1.50 for a small Cup of
Chicken Tom Yum Soup
(or) Thai Iced Tea
(with Dine In Lunch Only)

Lunch Includes a
Mixed Green Salad
with our House Peanut
Dressing

Most of our dishes can be prepared
Vegetarian or Vegan upon request.
Please note that menu is
subject to change and availability.

* Please indicate degree of
spiciness from zero to five, five
being extremely spicy.

With your Choice of Chicken, Pork, Beef, Tofu, Fresh Mixed
Vegetables or Mock Chicken 9.95
With Shrimp 10.95

FRIED RICE (WHITE JASMINE RICE)

THAI FRIED RICE
SPICY BASIL FRIED RICE
PINEAPPLE FRIED RICE

NOODLE DISHES

PAD THAI
PAD SEE EW
SPICY THAI BASIL NOODLES
RAMA NOODLES

CURRY (WITH WHITE JASMINE RICE)

RED CURRY
GREEN CURRY
YELLOW CURRY
PANANG CURRY
MASSAMAN CURRY

STIR-FRY (WITH WHITE JASMINE RICE)

SPICY THAI BASIL
SPICY EGGPLANT
PAD PRIK KHING
PAD PRIEW WAN
CASHEW DELIGHT
MIXED VEGETABLES
PAD KHING
PRA RAM LONG SONG

Please alert your order taker if you have food allergies or special dietary requirements/restrictions.

CONSUMER ADVISORY:

Consumption of undercooked meat, poultry, eggs or seafood may increase the risk of foodborne illnesses.